

# Both Level 1 and Level 2 training programs



Are delivered in English, 100% online and can be followed from the comfort of your own home or workplace

Are accredited by the International Coaching Federation



Blend online course, coaching practice with external clients, mentor sessions, Q&A and the possibility to meet experts from the field

# What makes the School of Change coach training unique?

It gathers an international and culturally diverse audience

It allows you to try different coaching approaches and choose the right fit for you

You become part of the School of Change community, where you can stay connected with other new or experienced coaches monthly

It is focused on self-development, self-reflection and self-awareness as the necessary foundation for coaching skills

# Coach training (level 1) checklist

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Our level 1 coach training is a virtual 12-month-long journey with 64 contact learning hours that prepares you the for Associate Certified Coach Level with the International Coaching Federation.

- 12 X LIVE 2-HOUR COACHING LAB
- COACH TRAINING LEVEL 1 ONLINE RESOURCES
- PRACTICE WITH PEERS & EXTERNAL CLIENTS
- 4 X INDIVIDUAL MENTOR COACH SESSIONS
- FEEDBACK ON 5X OBSERVED COACHING SESSIONS
- 12 X INDIVIDUAL COACHING (OPTIONAL)
- COACHING WORKSHOPS AND Q&A (OPTIONAL)



# Coach training (level 2) checklist

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Our level 2 coach training is a virtual 12-month-long journey with 64 contact learning hours that prepares you for the Professional Certified Coach Level with the International Coaching Federation.

## Prerequisite

- ICF ACCREDITED COACH TRAINING LEVEL 1

## Level 2 Training (ca. 12-months)

- COACH TRAINING LEVEL 2 ONLINE RESOURCES
- 12 X COACHING LAB
- PRACTICE WITH PEERS
- PRACTICE WITH EXTERNAL CLIENTS
- 4 X INDIVIDUAL MENTOR COACH SESSIONS
- COACHING WORKSHOPS (OPTIONAL)
- GRADUATION & CELEBRATION



# COACH TRAINING TIMELINE

Admissions to our Coach Training are on a rolling basis each month. You will receive a detailed learning checklist and work towards completing it at your own pace, between 12 to 24 months. School of Change is taught in English exclusively. We offer Mentor Coaching in English, French, or German and individual coaching in up to 10 languages.

## START



Personal Intro Call  
Onboarding onto our online platform  
Explore our online resources  
Meet your practice buddy

## QUARTERLY



Live 1-hour Meet the Expert (optional)  
1:1 Mentor Coaching & Observed  
Coaching Session  
Q&A (optional)

## MONTHLY



Live 2-hour Coaching Lab  
Online resources & Learning Journal  
Peer coaching practice  
Individual Coaching (optional)

## FINAL MONTH



Graduation & Celebration

# PRICE LIST

## BRONZE

€ 1200

Includes:

- Online community platform
- Monthly 2-hour long live Lab sessions
- Self-paced learning with curated resources on our platform
- 48 ICF Continuing Education Units

Corporate: €2400

Students: €900

## SILVER

€ 2800

Includes:

- Everything on the Bronze Plan
- Quarterly 1:1 Mentor Coaching
- Coaching skills practice with peers & external clients
- 5x observed coaching sessions with written feedback on three.
- Q&A Sessions
- 60 ICF Continuing Education Units

Corporate: €6000

Students: €1800

## GOLD

€ 6600

Includes:

- Everything on the Silver Plan
- Monthly 1:1 Coaching
- Quarterly Workshops & Q&A Sessions
- 80 ICF Continuing Education Units

Corporate: €9600

Students: €3600

We operate a radical financial inclusion policy with payment plans to suit all circumstances, do contact us to enquire about subsidised places.

Places for NGOs/Students are strictly limited and on application only.

# 2022-2023 COACHING LAB DATES

17 JAN 22

20 JUN 22

14 NOV 22

17 APR 23

21 AUG 23

21 FEB 22

18 JUL 22

12 DEC 22

15 MAY 23

18 SEP 23

14 MAR 22

22 AUG 22

16 JAN 23

12 JUN 23

23 OCT 23

11 APR 22

19 SEP 22

20 FEB 23

03 JUL 23

13 NOV 23

16 MAY 22

17 OCT 22

13 MAR 23

21 AUG 23

11 DEC 23

Coaching Labs are always on a Monday from noon-2pm CET (and CEST in summer)